Jessie Mai Support Solutions >

Welcome to the our monthly newsletter.

Baw Baw Food Relief

This month we give some Community love and a massive shout-out to Baw Baw Food Relief. Baw Baw Food Relief assist people at their point of crisis or experiencing difficulty by providing them with emergency/ short-term food relief for themselves and their family.

March 2024 **Newsletter**



The Food Relief began in 2002 and has grown with 12 different churches now involved. They provide funding assistance, volunteering day to day management and strategic direction via the Food Relief Committee. They also have a range of supporters and volunteers from other backgrounds providing great support. They are the largest supplier of emergency food relief in Baw Baw Shire, assisting over 950 families last year.

There are strong connections with government agencies (e.g. Centrelink, Quantum) to support the wellbeing of people in need within the Baw Baw Shire. Each person seeking assistance is welcomed in an environment that is non-judgemental and offers them confidential assistance with opportunities for self-development.

The first step for anyone in need of short term/emergency food assistance is to register their personal details at the Baw Baw Food Relief office. They must be a resident of the Baw Baw Shire and hold a current Health Care/Pensioner Concession Card holder (or recent applicant to Centrelink). They can make ten (10) visits per year for food assistance; this number of visits may be extended, in certain circumstances after an independent assessment is made. Registration is one application per household.

Recipients are asked to make a \$10 donation per visit, in return for a substantial amount of food and personal goods from the food bank. Such donations go towards covering costs for purchasing a variety of certain consumable items, that aren't donated. There is also an Op Shop to assist with Food Relief's operating costs, including rent, electricity, insurance and supply of staple foods. For any further information, whether it be food assistance, ability to supply produce, or maybe some of your time as a volunteer, contact; Factory 6/11 Pearse Street, Warragul - (03) 5622 3891.







Mission - Vision - Values

Mission: To provide food, friendship and practical support to those in need. Vision: To provide hope and a better future for families in our community Values: Our core ethics and behaviours are guided by our values which are: Love, Care and Support, Communication, Strength, Compassion, Humour, Leadership, Acceptance & Generosity.



Food Relief

If you are in need of short term/emergency food assistance, the first step is to come in and register your personal details.

The Food Relief centre operates Monday to Friday between 10am to 2pm. Closed Saturdays and Sundays.



Opportunity Shop

Part of the building operates as an Opportunity Shop. The income helps to stock the food relief shelves; it directly supports clients in need of food and clothing

The Op Shop is open Monday to Friday from 9am to 3pm, Closed Saturdays and Sundays,

I am a shadow.